

Continental Championship Wrestling CCW INTERACTIVE.COM

In Your Corner
3/17/2008
“Addiction”

Happy Saint Patrick’s Day to you and yours. I’m sitting here wearing my green watch and a shirt with a green picture on it, and that’s about as Irish as I’m going to get this year. Thought about not wearing green, but I can only take being pinched so much before losing it.

I’ve been thinking about today’s topic for a couple of weeks, and after watching some TV with the kids this weekend, I finally got my head around how I wanted to approach this.

We were watching the “wrap up” show for Celebrity Rehab this weekend, and Joanie “Chyna Doll” Lauer was of course one of the people that had been in the treatment program for the show. Her segment revolved around the fact she continued to refuse to publicly admit she was an alcoholic/addict. She admitted she still goes out and party, and even drinks champagne from time to time. I was disappointed to hear that, but understand her mentality.

Addiction to anything can drastically change your life. Alcohol, drugs, smoking, sex, and food are just a few of the most common and hardest to bring back into check. We all know the list of wrestlers that have had their life and in a case or two, the lives of the people around them cut short because they couldn’t control the demons that had taken control of their lives. Many of them had tried to get the help they needed to get their addictions under control, but had never hit the bottom they needed to have the desire it takes to work the steps needed put their demons in check.

We all know the list of wrestlers that have taken the WWE’s offer of paid rehab. I pray that they each have hit that bottom in their life it takes to make it possible to have the lessons taught in a treatment program stick. I hope they get and continue to use the help they need to get their lives on the right track. The road ahead will be long, but the support systems are out there to help you stay clean and sober.

My dad passed away in 2003. He had spent 20 years clean and sober. I treasure the time we got with him after he sobered up. His focus became to enjoy life with his family, and he did. I was 14 when he went into rehab, and I was lucky to have our relationship go from confrontational on a daily basis, to us spending much time together spoiling his grandkids as I became a father.

Though sober, he could never give up his addiction to smoking, and was diagnosed with non-small lung cancer six months and ten days before his death. He smoked until his death. He regretted not being able to overcome this vice.

The truth is addiction is not an easy thing to overcome for any person. We can only hope that the people we love and respect have the right tools, the proper motivation, and the support they need to put their demons in check so they can enjoy life once again.

You can always reach me @: BigDaddy@ccwinteractive.com