



IN YOUR CORNER

WITH BIG DADDY

By Joey Sanders

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CONTINENTAL CHAMPIONSHIP WRESTLING

The Road to Recovery

I know it has been a while since I have published an IYC. As the releases have stated, on June 5th I was rushed to the Emergency Room of Rogue Valley Medical Center. What I didn't let them tell you is I never thought I'd make it out of that ER alive.

This all started with me getting sick on June 3rd. I made an appointment with my doctor the next morning, got tested, and was sent home with antibiotics.

The next 24 hours I spent mostly on my back or "worshiping the porcelain God" which as you all know is no fun

About 5AM I made the 6 foot walk from my bed to the bathroom only to open the door to see a blinding white light, become immediately disoriented, and within 20 minutes I was gasping for every breath.

My infection had become septic. This combined with my lack of

proper care of my diabetes caused cellulites in the lower part of my right leg.

To this day the doctors cannot explain what caused the initial infection nor why it became so acute so quickly. They have tested for every known virus, fungus, and even parasites and nothing has revealed itself.

The past two months have been hard work but I have gone from not being able to walk without assistance to walking almost normally again. The wounds that engulfed almost the entire half of my lower right leg are down to a handful of small wounds that are slowly healing. I have also lost quite a bit of weight, and for the first time in 10 years I am small enough to buy my clothes from just about anywhere again.

I reveal all of this to qualify the following statement. Don't take



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your health for granted. We all get "Superman/Wonder Woman Complex" thinking we're too tough to let this bother us. If you have a injury that has been nagging, get it checked. Take the time to heal. Make the choice that will allow you to dance at your great grandkids weddings.

I should be fully recovered in the next month or two, and look forward to getting back to work. Learn from someone his dad always nicknamed "Mule", don't risk making it worse, take care of yourself.

Joey